

## Learning from Nature

(Original)

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Nature does not hurry, yet everything is accomplished.

- Lao Tzu

In schools we study about nature like it is something separate from us. That is not true because we are part of nature. People try to use nature for their own needs. They act like they are masters and nature is their slave. They just take and take from nature and nothing giving back. That is a shame because nature can serve as a wonderful classroom.



From the moment we open our eyes for the first time we are learning constantly. Nature can be our greatest teacher. We don't spend as much time outdoors as previous generations did. Nature can teach us about life, how to live easier, healthier and meaningful life. Like a caterpillar transforms to a butterfly, people go through similar changes. That process is something we all go through, we can't avoid that. We can just learn something from it. As caterpillar becomes beautiful butterfly, people through learning, upgrading and grooming their personality become better human beings.

The biggest problem in today's society is loneliness. People are too obsessed with modern technologies. We live in virtual world and not living real lives. We all lost touch with people. There are no real friends. We would rather be on our phones than living our lives. The thing that we should do is to unite and make the world better. We can't achieve anything if we are alone. One drop of water doesn't mean anything, but little drops make the mighty ocean. That means that we as individuals can't make big change, but when we are together we can change the world.

Our generations are selfish. We care just for ourselves and our lives. We often forget that we are all humans sharing similar worries and problems and leaning on other people

and believing in their kindness can make our lives easier. We should look up to wolves. Wolves live in packs. They are caring, playful and above all devoted to their families. We often hear the phrase „lone wolf“. A lone wolf is someone who is individualist, independent and uncompromising. In reality few wolves live like this. Wolves, males and females, go through periods alone but they always come back to something greater than itself: a pack. Wolves hunt together, take care for each other. If they are injured they don't leave each other. Their friendships last whole life. If they cooperate they succeed, if they are alone they suffer. On the other hand, people are not like that. We can learn a lot of from wolves.

All people go through turbulent periods in their lives. In that periods people react differently. Some of them try to find solutions for their problems and some of them are not brave enough. They go through phases of depression, sadness and they do some things they regret later. Our lives aren't just about sunshine and rainbows so the nature isn't like that also. Sometimes beautiful weather turns into the horrible storm. But in nature animals do not panic. They find shelter and wait. They know storm will end and they will be safe.

Do you know a story about two boxes? On death bed a father gave his only son two boxes. One was black and the other was white. He said to open a white one when he has a difficult time in his life and the black one in the moments of the greatest happiness. During the floods when he lost all, he opened the white box where was written „This will pass“. Later in life when he had everything he opened the black and it was written „And this will pass also“. Nothing lasts forever. One Latin proverb also says „Panta rei“. Just look nature. There is nothing constant, everything changes. Seasons change, day and night, climate change. People should not be desperate in hard situations, but be aware that everything will pass.

Just stop for a minute and forget about your busy life. You need time just for yourself. Open the door, go outside and see what you can learn from nature.