

Lessons from a Dandelion

(Original)

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There are so many things that nature can teach us. And there are so many elements of nature from which we can learn new things. For this essay I wanted to pick something small and apparently of less importance, so I decided to choose the dandelion. I will describe some aspects of the life of a dandelion, and then compare them to the human life.

The flower of the dandelion opens every morning and closes in the evening. We can already learn something from this simple fact: Embrace each day and live it well and as the dandelion greets the sun each day and makes people around it happy with its colorful flower, we should also take each day one at a time, and live it to the fullest, trying to make the ones around us happy. We don't need to worry about all the days of the rest of our lives, we should instead focus on each single day, and use the spaces in between to recover and to gather energy for whatever may come our way. Life is not meant to be lived at once, we should instead enjoy every little moment of every single day.

After the flower dries, the dandelion changes its shape and transforms into a mesmerizing ball of puff. Whenever I look at the spherical head with dried seeds of a dandelion, all I can think of is that soon, whenever there will be a breeze, the dandelion will stop existing. But even if it seems that everything will end, actually the seeds of the dandelion are carried away as far as 8 kilometers, and almost each seed ends up embedded in the earth and springing up again, as a new flower, a new life.

When analyzing this fact, I couldn't stop thinking about a human life. Our life on earth is short, it is a fleeting moment, so similar to this simple dandelion. There should be no time for hate, for envy or for fighting other persons around us. We should focus on living a beautiful life, a life that will inspire other people and we should prepare our "seeds", so that even when we are going to be gone, people would be able to remember us not because of the life we lived, but because of the other lives that bloomed through ours.

Another thought that comes to my mind when thinking about the little parachute seeds is that we can compare these to our words or to our actions. Each single word we say can

be compared to a seed of a dandelion. It will never come back, and it will certainly touch someone's heart. Therefore, we should be very careful with every word we use. Do we want to plant hate, as a result of the words we said, or do we want to help the people around us grow? We should always consider the consequences of our words and actions.

Do you want to learn something from nature? Step outside. Look at a dandelion and think. What kind of life do you want to live? What kind of seeds do you want to plant? What kind of words are you going to use? Do you want to inspire people or do you want to bring them down?

Learn from the dandelion. Its seeds can spread far away, and in the same way, our lives, even if they seem small and not important, can also be lived in such a way, that it can bring life to other people around us.

What are you going to choose today? Choose to learn from the dandelion.