

The Kindness Puzzle

(Original)

Anna Bodnarchuk

(Age 14, Russia)

English District, Samara

Rushing to work. Buying coffee on the run. Waiting in lines. Today, in our world, most people are too busy with their problems and forget about such a concept as "kindness."

What is kindness? The concept is extremely stretchable, because it includes a whole range of emotions. I will try to give you an example of ten acts of kindness and piece together the definition.

The first act of kindness was committed by me two years ago. My classmate's hamster died, and he grieved for a long time about this. I also had a hamster at that time. Of course, I was attached to my pet, but on my friend's birthday I presented him this hamster, which he was really happy about. This can be called a donation.

The second act occurred in my life a couple of weeks ago. I saved a girlfriend from suicide. Many hardships happened in her life, but I was able to change her attitude towards life with my friendship. This is support.

I learned the third good deed from my mother, who had saved a child from death. She literally grabbed him in the air when he was flying down from the tenth floor. This can be called courage.

The fourth case concerns doctors all over the world. Euthanasia is a major problem for many countries. On the one hand, a doctor can stop the treatment of a patient but break the Hippocratic oath, and on the other, he can continue to treat him, but the patient will die in agony anyway. Which one will be kinder is up to the law and doctors, and in this case kindness is a choice.

The fifth act of kindness is daily for each of us - helping the elderly. It is considered a good thing to walk an old woman across the road or help her carry bags. This is respect.

The sixth good deed concerns animals. For example, taking a dog from a shelter. This is the warmth of the soul.

The seventh act of kindness is dedication. Here is an example: a person spends part of

his money and energy planting trees, making the world cleaner. If more people were dedicated to some noble ideas, our world would be a better place.

The eighth cause of kindness implies helping another person. The teacher helps the child to understand difficult material, a daughter takes care of her mother and so on. This is help.

The ninth, the penultimate deed of kindness speaks of attention. When you notice that someone lost an important thing for him, you can help him find it, and so on. I think this is a wonderful piece of a puzzle from the general concept of kindness.

And finally, the last, tenth concept. Probably the most important thing in kindness. This is Love. Love can not be described in words, but I hope you will understand me.

So we have gathered a complete concept of kindness! Donation, support, courage, choice, respect, warmth, dedication, help, attention and love - all this is kindness. And each person contains these pieces of the puzzle, which, in spite of the hardships of life, need to be reunited again so that the world blossoms again, like sakura in spring.