

My Values- My Motive Guiding My Actions

(Original)

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Our values decide and design our life, thoughts, society and even after life also. Sitting next to my grandfather who was on his deathbed in March this year, I realised that life is all about values of love, care, respect, honesty, helpfulness, empathy, cooperation and leaving a legacy behind. There was twinkle in my grandfather's eyes and peace in this mind that the family and friends are with him and loved him dearly. Team of doctors, nurses and people around were supporting, motivating and helping each other at that difficult hour portraying a clear picture of an altruistic society. Even ten minutes before my grandfather's death, he drank juice and kissed me on my hand giving an unforgettable message of my being that life is to be celebrated for all die one day.

During his long struggle with chemotherapies and radiotherapies, he became an epitome of courage, strong will, hope and liveliness. His last years on this planet taught that life may be short but one's existence must be fruitful for others.

There is no end to materialistic desires of humans, be it in the form of money, name, fame or anything else. People often forget that whatever God has granted them is a real blessing and it is important to treasure what one has been bestowed with. The pity is that one realises the real essence of life only after going through adversities and sorrows. Sometimes one feels there is no time left to mend and retrace. In a country like India where there is unity in diversity, it becomes indispensable that one must realise humanity as the real religion. Rather than being jealous or holding grudges, one must learn the essentials of forgiveness and empathy. During COVID - 19 pandemic, oxygen in cylinders made us realise the power of nature which is offering bounties without demanding anything. Man is so powerless before the mighty nature. What mortals can do is - join hands together and be a support for each other. Unprecedented times also drew attention towards the need to

conserve and preserve the mother earth. We, humans have the power and wisdom to think. Our values lie in the words and experiences of our elders, bringing happiness in the life of gloomy and giving hope to the diseased and dejected.

We may not be blessed with a perfect life, relationships, house or bank balance, but our attitude is everything and that truly matters. I have made a point in my life that I would visit hospitals every week and talk to patients and attendees. I want to bring smile on the faces with my little touch of love and kindness. I have also decided to become a doctor so as to treat and give hope to many through my profession also. I know it may not be enough but I'll play my part honestly and tirelessly. Our purpose for taking birth on this earth is not fulfilled if we cannot contribute our bit to humanity. Being a student of Palmistry, Astronomy and Numerology I owe my values to ancient scriptures also, where human beings are clearly mentioned as a speck of dust in multiverse. Every human act is being governed by some forces- invisible and omnipotent.

So, it becomes more crucial to cherish each moment of life, thinking about others and doing something for humanity each day. Along with scientific temper, entrepreneurship, innovation, growth, it's also important to focus on little moments of happiness, laughter and joy. I feel myself closer to my grandfather by walking on the path shown by him. Good people make this world a beautiful place to live in just because they decide not to leave their goodness despite the hurdles. I want my grandfather's legacy to continue with me.

I am hopeful that following the path of righteousness and selflessness in my thoughts and actions, I would be able to sow such seeds so that future generations can reap the crop of empathy, compassion, lasting peace and truthful living. Every little effort counts thus, eventually making this society and the planet at large, a better place to live in for all.